

Resonance Boards

Sound in general can be very chaotic, especially to a child with impaired senses. A resonance board provides a way of organising sound out of chaos in a very simple way.

These boards are easy and cheap to make. They work particularly well in communal music-making - several of children (and/or adults) can sit around them. One or two children can lie on them and feel the vibrations - this can be very effective in reducing muscle spasms.

The diagram below should give a guide as to how to make a resonance board. On the next page you will find tips about ways in which you can use it.



